



LEICESTER CITY
IN THE COMMUNITY

Girls Football PACKAGE
2023/24



Girls Football Package

Partnered with Inspire Together, LCitC are offering an opportunity to inspire and empower girls to kickstart their interest in girls' football. Specifically, by providing the following package to schools throughout Leicestershire. This will involve 4 weeks of delivery in your school and a unique opportunity to attend an end of term festival, unlocking equal opportunities for girls to participate in the football.

The package is highly flexible to meet the needs of your school, ranging from support to your staff and / or coaching your school teams. Our offer is intended to take place on your school site during one half term (lasting for 4 weeks) , with the opportunity to attend an end of term girl's football festival.

- LCitC will provide opportunities for beginners and novices through fun activities and lessons to develop skill and technique
- LCitC will provide links to local grassroots teams and support your girls football team if required.
- Pathway to LCFC Women’s Emerging Talent Centre for talented players.

Package	Cost	What does this include
Half Day PM (Monday OR Wednesday)	<div>➤ £500 per half term (1 coach: 15 children)</div> <div>➤ £800 per half term (2 coaches: 30 children)</div>	<div>Coaching & Staff Mentoring</div> <div>➤ Girls Only afternoon lessons</div> <div>➤ After-School Club</div> <div>➤ End of term festival (Riverside Football Club)</div>



Coaching & Mentoring Lessons

Outcomes:

- Increase female participation
- Skill progression (introduction to football)
- Improved confidence & self esteem
- Positive experience of football, promoting lifelong participation
- Pathway into grassroots clubs or LCFC Women Academy

Our partnership with Inspires Together has enabled us to create and develop high quality coaching and support for staff during lessons.

We encourage teachers to learn from our expert coaches to enhance the delivery of high-quality PE in the curriculum.

Lunchtime Club

Lunchtime clubs will help girls develop their new interest in football by having fun and interacting with peers who have similar desires to take part in the sport. It will also create benefits for students that includes boosting self-esteem and empowering themselves to continue playing football, while developing their footballing knowledge and skills.

Extra Curricular

The package includes girls only football after-school clubs that are flexible to meet your school needs. Also, we can signpost the children who participate to other programmes within our organisation including girls only premier league kicks sessions, football camps, and skill centre sessions.

End of Term Festival

We will be hosting girls only football festivals for our partner schools at Riverside Football Ground. This will provide a fun and inspiring experience for girls to take part in a football tournament, concluding with a presentation to celebrate the girls experience over the past 4 weeks and an incredible afternoon of football. Prizes include discount's to holiday camps and skills centres and access to LCFC Women games taking place at King Power Stadium.

Creating Your Timetable

The timetable sets out the dates and times for the next academic year, which can be flexible depending on your school needs. Please contact Luke.Miller@lcfc.co.uk to discuss the design for your school and book in your preferred dates.

	Coaching and Mentoring				End of Term Festival
	Lunchtime Club 12:15pm-12:45pm	Girls Only Lessons 1pm-1:45pm	Girls Only Lessons 2pm-3pm	Afterschool Club 3:15pm-4:15pm	
Autumn 1 WC/4 th September					Wednesday 11th October
Autumn 2 WC/23 rd October					Wednesday 29th November
Spring 1 WC/8 th January					Wednesday 7 th February
Spring 2 WC/26 th February					Wednesday 17 th April
Summer 1 WC/22 nd April					Wednesday 22 nd May
Summer 2 WC/5 th June					Wednesday 3 rd July



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LEICESTER CITY FOOTBALL CLUB,
KING POWER STADIUM | FILBERT WAY |
LE2 7FL

For more information, please contact
Luke.Miller@lcfc.co.uk

Website:	Lcfc.com/community
Twitter:	@LCFC_Community
Instagram:	Lcfc_community
Facebook:	LCFCCommunity
TikTok:	Lcfc_community

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